

EmpowerAgers Requirements

Who Needs	Requirement	Metric	Target Range	Rationale	
PRC	Entertainment	Interaction should be fun, informative, and an overall growth experience for PRCs	Improvement in PRC happiness	Any immediate improvement would be worthwhile	PRC happiness makes interactions with PGC easier and more productive, PGC doesn't have to worry about entertaining PRC as much
PRC	Purpose	PRCs should find new purpose in interactions and want to come back and do more	Should be measured by number of repeat visits	>10 repeat visits	Giving purpose to a PRC will give the PRC something to think about and plan for, even when the PGC isn't there. Less stress on PGC to provide that.
PRC	New Experiences	Have a variety of activities that the PRC can be a part of within the school, to continuously have the opportunity to be a part of something new.	Number of options that are given to PRC within school	Should comply with PRC's desires on wanting (or not) to help in another area	Gives the PRC the opportunity to have activities that can range, which will give them new experiences that they can enjoy
PRC	Varied Human Interaction	Make new PRC-student pairs every year	Number of unique people PRC interacts with	1-2 / year	Varied human interaction gives the PRC exposure to new people and experiences, adding variety to their life and giving them something to talk about with PGC
PGC	Respite	Have trained professionals attend when needed, so PGC doesn't have to attend to watch PRC	Effectivity should be described as how reduced PGC exhaustion is	PGC asserts that they feel they have more time to themselves	PGCs feel like they must give so much time to their PRC that they end up with little for themselves, and this program would take the PRC off the PGCs hands for a while, allowing a rest
PGC	PRC Safety	PRCs should have people around them that could get help if something happened. PRC should not be high risk to be part of the "going to school" part of program	How safe the PRC feels	PRCs comfortable and confident in their safety while attending the school	Having people around would make sure that no PRC would have an accident and no one would be around to assist. Additionally, asking for only low risk PRC to actually come to the school would make things safer.

PGC	PRC Happiness	Create comfortable environment	What the PRC says to the PGC	PRC says that they were comfortable and happy during their time at the school	If the PRC comes home and tells the PGC that they were unhappy during their visit to the school, then they most likely won't return. We need to create a comfortable environment where the PRC and student can benefit from each other's experiences.
PGC	Preservation of History	Create environment that allows for PRC to share stories	How comfortable the PRC and PGC are with sharing stories with the student	The PRC and PGC are able to share stories freely	Story telling is a huge part of learning from individuals. If story telling isn't scaffolded in our program, then it will be a failure.
Student	Knowledge	Pair students with PRCs that have and want to share their knowledge (basically anyone)	How much the student is able to talk about what they have learned	The student is able to talk about at least a few things they have learned	This program provides a great chance for the student to learn from someone with different experiences than themselves, which should be taken advantage of.
Student	Skills	Pair students with PRCs that have skills that can be grasped by a young person (basically anyone)	How much the student is able to demonstrate new skills	The student is able to demonstrate at least one new skill	This program provides a great chance for the student to learn from someone with different experiences than themselves, which should be taken advantage of.
Student	Diverse Interactions	Make new PRC-student pairs every year	Are there new PRC-student pairs every year?	Yes, there are new PRC-student pairs every year.	While deep relationships are important, we want students and PRCs to develop many diverse relationships that last a year long and can be continued outside of the program if both parties so wish.
Student	Fun	Create ideas for events that both the student and PRC can participate in	Does the student talk about the fun times they had?	Students express the fun they had to their parents or friends	While the main benefits to the student will be learning with the PRC, the short term attractor will be the fun times that the student is able to have with the PRC.
Student	Empowered to help people	Scale student responsibility the longer they participate in the program	How much they glean about how and why to caregive	Years after graduation, scoring above a 80% on caregiving evaluation	If students learn the basics of what it means to be a caregiver when they are young, and interacting with older adults is normal, then they will be more effective caregivers when they need to

Student	Practice interacting with older adults	Student interacts with older adults every week in the program	Hours the students spend in the program	2-4 hours a week	Students learn how to be respectful of people that are different from them. esp this large underutilized group
Parent	Feeling of safety for their kids	Background checks, Parent meeting, Kids traveling in groups, no home visits for younger kids, self defence classes	Parents sign permission slips	> 90% enrolment of student body	They may not want their child in the program if they don't feel safe about it
Parent	Future Caregiving	Students learn about what it means to give care, and how valuable a gift that is to give.			Parents may want their kids to grow up thinking about what is involved with eldercare
Parent	After school Activities	Students have something to do after school that is mentally enriching	Offers an afterschool activity for some portion of school days	>= 2 after school activity days	Parents want their kids doing something after school that benefits them
Parent	School Support for their kids	Kids receive extra school help, because of increased "faculty" to student ratio.	Performance increase Grades of low performing students	Grades of low performing students	This is a school-based program and it is a great chance to improve students' school performance by learning with the PRC.